**Jared Nagel**

**Wakefield, West Yorkshire WF3 3FW**

**(E) helen.nagel03@gmail.com**

**Summary**

A dependable individual working with focus and drive to complete laboring duties quickly and accurately. Collaborates and takes instruction well to support wider team achievements. Maintains excellent physical fitness levels for safe, reliable task completion.

**Experience**

|  |  |
| --- | --- |
| 05/2020 - Current | **B-witched Printing** - Johannesburg, Gauteng **Part-Time Worker*** Closely and accurately followed task specifications and instructions laid out by supervisors.
* Followed company, safety and performance requirements at all times.
* Unloaded and stored inventory with meticulous attention to detail.
* Opened boxes of merchandise and materials and restocked designated areas.
* Stayed within safety guidelines by wearing PPE stated in company handbooks throughout all tasks.
 |

|  |  |
| --- | --- |
| 05/2014 - 03/2023 | **CMS - Atlasville** - Boksburg, Gauteng **Community Volunteer*** Identified health and safety concerns to report to security and community watch staff and avoid future occurrences.
* Community watch activities - including reporting of incidents within the community
* area watch within the community precinct - residential community/ neighborhood watch group
 |

|  |  |
| --- | --- |
| 04/2010 - 06/2010 | **Mirren Pharmaceuticals** - Benoni, Gauteng **Part-Time Worker*** Loaded and unloaded products before packing or dispatching efficiently.
* Prepared finished products for shipment.
* Loaded and unloaded items from machines and conveyors.
* Worked flexibly and in adherence to health and safety practices.
* Maintained, sanitised and cleaned work areas to meet health and safety standards.
 |

**Skills**

|  |  |
| --- | --- |
| * Direction following
* Loading and unloading procedures
 | * Production assistance
* Inventory stocking
 |