

NELLIE AMANI MUGADI

COUNSELING PSYCHOLOGIST

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PROFESSIONAL PROFILE

Dynamic professional with experience providing counselling psychology services that improve both personnel and organizational efficiencies. Foundational training in counselling psychology complemented by work experience in offering support and guidance to people with diverse needs, with excellent communication and interpersonal skills, high integrity, discretion and ability to work under minimum supervision. I am able to deliver value to any team, project or organization I am part of.

KEY SKILLS AND COMPETENCIES

Psychology | Counseling | Team Building | Personnel Support | Relationship Management | Capacity Building | Excellent Communication & Interpersonal Skills | Creativity & Innovation | Leadership Skills | Computer Proficiency |

PROFESSIONAL WORK EXPERIENCE

Counsellor

September - October 2019

Kenya Community Centre for Learning

Responsible for providing tailor-made and responsive counselling services. **Key responsibilities included:**

- Counselling sessions for clients (young students in Primary and High school) with learning disabilities such as Dyslexia and Autism.
- Liaising with the Counsellor at the Centre to attend to the clients.
- Liaising with the parents and guardians of children with learning disabilities to ensure a better outcome once they are in school.
- Involved in ensuring client notes are completed and future care plans of clients are documented.

Counsellor

September – November 2018

Jesse Kay Hospital

September – November 2019

Key Responsibilities:

- Liaising with the counsellors at the hospital.
- Counselling sessions with different clients at the hospital.
- Involved in ensuring client notes are completed and future care plans of clients are documented.

Counsellor

May - July 2017

Kamiti Prison

September – November 2018

Key Responsibilities:

- Liaising with the Counsellor at Kamiti Prison to attend to clients who were imprisoned.
- Counselling sessions with young girls in prison.
- Involved in ensuring client notes are completed and future care plans of clients are documented.

Counselor

January – March 2016

Wings of Compassion

- Liaising with the team counsellors at the organization to provide counseling services for clients.
- Held counselling sessions for young women that had taken shelter at Wings of Compassion due to facing crisis such as defilement, impregnation or assault.
- Educating the young women on coping mechanisms in line with their reason for admission.
- Assessments of the nature and intensity of the client's problems and developing a therapeutic response.

- Organizing group activities for the clients at Wings of Compassion.
- Liaising with other interdisciplinary health care workers to assist the young women to safely and successfully integrate back into society after their stay at Wings of Compassion.
- Involved in ensuring client notes are completed and future care plans of clients are documented.

EDUCATION

2020: Bachelor of Arts (Counseling Psychology), Pan Africa Christian University

2016: Diploma (Counseling Psychology), Pan Africa Christian University

2013: Certificate (Counseling Psychology), Kenya Institute of Business and Counseling

2012: Kenya Certificate of Secondary Education, St. Theresa Secondary School

LEADERSHIP ACHIEVEMENTS

Pan Africa Christian University: Student Council leader representing persons with disabilities (PWDs). Notable achievements:

- Campaigned for, and succeeded at getting the computer laboratory to be moved to the ground floor for easy access.
- Ensured that a ramp was constructed to make classrooms accessible for students with physical disabilities.
- Made sure that the cracks on the walk paths are filled to prevent accidents.

MEMBERSHIP AFFILIATIONS AND PERSONAL INTERESTS

Membership Affiliation: Multiple Sclerosis Association of Kenya

Personal Interests: Designing clothing apparel, Reading, Drawing, Cooking, and Board games

REFEREES

Anne Mwithi – Lecturer, Pan Africa Christian University

Tel: +254 (0) 722 631 858

Patrick Obel – Senior Counsellor, United States International University

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Dr. Joyce Wangia – Senior Lecturer, Kenyatta University

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