




Sha-Niva Saad

Certified Home Health Aide

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 Rio Grande, NJ 08242

CAREER OBJECTIVE

Hard worker experienced in problem-solving, service and time management. Aiming to leverage my abilities to successfully fill the role at your company.

Dedicated professional with proven performance in management, leadership and communication. Detail-oriented in problem-solving and planning. Ready to make an immediate contribution to your organization.

EXPERIENCE

CERTIFIED HOME HEALTH AIDE, Marmora, NJ

Visiting Angels, January 2021–Present

- Followed procedures regarding infection prevention and control and handling of hazardous waste.
- Adhered to professional standards to protect reputation of home care agency.
- Transported clients and served as support person for doctors' appointments.
- Performed variety of duties as requested by client, such as obtaining household supplies and running errands.
- Changed bed linens and completed laundry tasks to maintain comfortable living quarters.
- Bathed patients and assisted with ADLs, promoting autonomy while monitoring safety.
- Prepared and served meals in alignment with established dietary restrictions.
- Promoted mental awareness and wellbeing with regular conversations and engagement.
- Maintained patient records and reported notable observations to supervisor and case manager.
- Assisted mobility-challenged patients with access to beds, baths and wheelchairs.
- Provided support and personal services, enabling patients to stay in homes.
- Reviewed individualized care plans to drive continuity and consistency of care.
- Turned non-ambulatory patients regularly, supporting comfort and preventing bedsores.
- Helped family members transport patients, teaching methods to lift and re-position.
- Transported patients using proper body mechanics or lifting devices for accident prevention.
- Prepared beds and changed linens, maximizing patient comfort.
- Transported patients to bathroom and provided incontinent care.
- Assisted patients with bathing and grooming to encourage personal hygiene.

CERTIFIED HOME HEALTH AIDE HOSPICE, Northfield, NJ

Bayada Home Health Care, August 2021–February 2022

- Observed and examined patients to detect symptoms that required medical attention, such as bruises, open wounds and blood in urine.
- Turned bedridden patients to avoid bedsores.
- Reminded patients to take medications and nutritional supplements.

- Gathered information from nurses and physicians about patient condition and treatment plans.
- Prepared and served food trays.
- Established special connections with patients through empathy and relationship-building techniques.
- Documented and reported observations of patient behavior, complaints or physical symptoms to nurses.
- Bathed patients and assisted with ADLs, promoting autonomy while monitoring safety.
- Changed bed linens and completed laundry tasks to maintain comfortable living quarters.
- Assisted mobility-challenged patients with access to beds, baths and wheelchairs.
- Provided catheter care by emptying and recording intake and output.
- Reviewed individualized care plans to drive continuity and consistency of care.
- Promoted mental awareness and wellbeing with regular conversations and engagement.

MANAGER OF OPERATIONS, Rio Grande, NJ

Capt. Marriner's Seafood, November 2011–March 2020

- Measured staff and process productivity and utilized results to make helpful equipment and staffing adjustments.
- Reviewed customer and staff feedback to improve operational strategies and eliminate obstacles.
- Oversaw company and vendor accounts and negotiated contracts with financial partners.
- Maintained professional working relationships and promoted open lines of communication with staff.
- Tracked company inventories and ordered new products to replenish equipment levels.
- Facilitated unloading and stocking of merchandise according to operational guidelines.
- Developed talented team, participating in hiring, coaching and performance management processes.
- Monitored market and competitor trends to develop new ideas and maintain company relevance.
- Built strong relationships with suppliers and key customers to secure competitive products and prices.
- Improved product development and reduced mistakes by implementing strong quality assurance protocols.

EDUCATION

CHHA IN HOME HEALTH AIDE, Boston, MA

Care Academy , December 2021

Relevant Coursework

Online Classes For Non-Medical Professionals

HIGH SCHOOL DIPLOMA, Sicklerville, NJ

CCVTS, June 1992

SKILLS

Patient Progress Documentation

Care Plan Management

Client Relationship And Rapport

Mobility Support

Patient And Compassionate

Ambulation Assistance

Bed Making And Changing

Home Health And Hospice

Family Support And Instruction

Meal Planning And Preparation

Behavior Redirection

Companionship And Emotional Support

Activities Of Daily Living (ADLs)

CERTIFICATIONS

- Board of Nursing 26NH19689500